

**MEDIAS DE LOS TRAMOS**

TR1		
0,000	0,963	30
0,963	1,280	35
1,280	2,836	46
2,836	4,014	30
4,014	4,856	35
4,856	5,243	30
5,243	7,715	49
7,715	8,052	25
8,052	9,292	45
9,292	10,771	30
10,771	11,811	48
11,811	12,160	30
12,160	12,880	23
12,880	13,329	32
13,329	14,044	28
14,044	14,998	30
14,998	16,409	26
16,409	17,576	30
	<b>META 1</b>	<b>31:16,0</b>

TR2		
0,000	2,694	45
2,694	X.xxx	40
X.xxx	X.xxx	38
X.xxx	4,585	34
4,585	5,496	49
5,496	6,489	40
6,489	7,140	35
7,140	X.xxx	40
X.xxx	X.xxx	45
X.xxx	8,922	47
8,922	9,099	44
9,099	9,457	40
9,457	10,050	46
10,050	10,774	42
10,774	10,943	38
10,943	12,101	44
12,101	12,833	25

12,833	X.xxx	47
X.xxx	X.xxx	40
X.xxx	X.xxx	45
X.xxx	14,955	38
14,955	X.xxx	43
X.xxx	X.xxx	40
X.xxx	20,646	45
20,646	21,990	47
21,990	22,325	25
22,325	22,466	20
22,466	22,800	27
22,800	24,084	30
24,084	24,430	45
24,430	24,732	26
24,732	25,120	30
25,120	25,338	28
25,338	25,969	23
25,969	26,500	43
26,500	26,768	27
26,768	27,857	30
27,857	28,062	34
28,062	28,483	30
28,483	28,547	46
28,547	28,773	23
28,773	28,837	40
28,837	29,450	45
	<b>META 2</b>	<b>46:21,0</b>

TR3		
0,000	1,329	45
1,329	2,564	30
2,564	3,757	45
3,757	4,028	28
4,028	4,417	46
4,417	6,097	30
6,097	6,905	20
6,905	7,936	25
7,936	8,940	30
8,940	9,780	23
9,780	10,075	27
10,075	10,545	30
10,545	10,583	25
10,583	10,920	28
10,920	11,877	30

11,877	12,189	20
12,189	12,662	25
12,662	12,703	28
12,703	12,826	30
12,826	14,274	45
14,274	14,673	28
14,673	16,414	30
16,414	17,318	30
17,318	17,797	45
17,797	18,319	30
18,319	19,309	45
	<b>META 3</b>	<b>37:11,0</b>

TR4		
0,000	0,177	23
0,177	0,997	28
0,997	2,491	30
2,491	4,160	45
4,160	5,381	30
5,381	5,851	46
5,851	7,571	30
7,571	7,856	28
7,856	8,138	30
8,138	9,060	28
9,060	9,669	30
9,669	9,889	45
9,889	10,293	32
10,293	10,428	30
10,428	10,511	28
10,511	10,610	40
10,610	11,274	25
11,274	11,649	47
11,649	12,547	30
12,547	12,819	46
12,819	13,100	28
13,100	13,234	30
13,234	13,933	30
13,933	13,976	40
13,976	14,478	25
14,478	14,548	42
14,548	15,287	47
15,287	17,056	30
	<b>META 4</b>	<b>32:17,0</b>

**5ª CLÁSICA**  
**TABURIENTE**  
 ISLA DE LA PALMA 2024  
 23 - 24 DE AGOSTO

	TR5	
0,000	0,963	30
0,963	1,280	35
1,280	2,836	46
2,836	4,014	30
4,014	4,856	35
4,856	5,243	30
5,243	7,715	49
7,715	8,052	25
8,052	9,292	45
9,292	10,771	30
10,771	11,811	48
11,811	12,160	30
12,160	12,880	23
12,880	13,329	32
13,329	14,044	28
14,044	14,998	30
14,998	16,409	26
16,409	17,576	30
	<b>META 5</b>	<b>31:16,0</b>

	TR6	
0,000	0,383	26
0,383	0,567	38
0,567	X.xxx	42
X.xxx	X.xxx	40
X.xxx	X.xxx	44
X.xxx	2,481	34
2,481	2,677	28
2,677	2,972	20
2,972	3,848	34
3,848	X.xxx	44
X.xxx	6,656	42
6,656	7,064	30
7,064	7,406	24
7,406	7,660	30
7,660	X.xxx	40
X.xxx	X.xxx	43
X.xxx	8,226	38
8,226	8,676	30
8,676	9,007	28
9,007	9,602	43
9,602	9,925	28
9,925	10,068	20
10,068	X.xxx	40

X.xxx	X.xxx	45
X.xxx	11,377	40
11,377	12,300	42
12,300	12,562	28
12,562	12,753	30
12,753	12,946	35
12,946	12,996	25
12,996	X.xxx	45
X.xxx	X.xxx	47
X.xxx	14,501	43
14,501	14,929	28
14,929	15,898	23
15,898	16,103	20
16,103	16,464	15
16,464	16,955	25
16,955	17,326	25
17,326	18,522	47
18,522	18,573	25
18,573	X.xxx	45
X.xxx	X.xxx	42
X.xxx	20,496	38
20,496	20,663	28
	<b>META 6</b>	<b>35:56,5</b>

	TR7	
0,000	0,430	26
0,430	1,314	23
1,314	1,610	30
1,610	2,553	30
2,553	2,720	25
2,720	3,685	42
3,685	5,168	30
5,168	6,279	36
6,279	8,723	30
8,723	8,894	42
8,894	9,882	30
9,882	10,444	44
10,444	12,217	30
12,217	12,505	44
12,505	13,026	30
13,026	13,830	40
13,830	15,574	30
15,574	16,127	44
	<b>META 7</b>	<b>30:40,6</b>

	TR8	
	<b>TABLAS</b>	

	TR9	
0,000	0,803	43
0,803	2,765	30
2,765	2,974	45
2,974	3,560	40
3,560	4,007	28
4,007	4,531	30
4,531	5,321	28
5,321	5,619	30
5,619	6,152	28
6,152	6,585	30
6,585	7,281	36
7,281	7,991	30
7,991	8,467	48
8,467	9,363	30
9,363	9,932	28
9,932	10,483	30
10,483	11,011	38
11,011	11,071	28
	<b>META 9</b>	<b>20:45,3</b>

	TR10	
0,000	0,090	25
0,090	0,874	45
0,874	0,924	28
0,924	2,150	30
2,150	3,084	48
3,084	4,177	30
4,177	4,876	36
4,876	5,174	30
5,174	6,039	46
6,039	6,184	40
6,184	6,991	43
6,991	7,605	45
7,605	8,766	20
8,766	9,197	23
9,197	9,857	18
	<b>META 10</b>	<b>19:01,9</b>

**5ª CLÁSICA**  
**TABURIENTE**  
ISLA DE LA PALMA 2024  
23 - 24 DE AGOSTO

	TR11	
0,000	X.xxx	44
X.xxx	4,176	42
4,176	4,498	22
4,498	4,892	24
4,892	6,503	45
6,503	6,937	35
6,937	7,350	32
7,350	14,639	43
14,639	15,006	34
15,006	15,484	40
15,484	16,103	30
16,103	16,792	45
16,792	17,835	40
17,835	19,741	30
19,741	21,004	44
21,004	22,541	40
22,541	24,185	30
24,185	24,359	23
24,359	24,977	30
24,977	25,605	45
25,605	X.xxx	49,99
X.xxx	X.xxx	40
X.xxx	26,058	36
26,058	26,291	30
	<b>META 11</b>	<b>41:18,7</b>

	TR12	
0,000	0,438	30
0,438	1,067	18
1,067	1,411	30
1,411	2,459	28
2,459	2,928	20
2,928	3,404	30
3,404	3,909	42
3,909	4,079	23
4,079	4,267	30
4,267	4,916	42
4,916	5,295	30
5,295	7,938	42
7,938	8,472	30
8,472	9,343	28
9,343	9,663	30
9,663	9,854	42
9,854	10,623	44

10,623	10,972	28
10,972	11,502	25
11,502	12,904	30
12,904	X.xxx	44
X.xxx	X.xxx	40
X.xxx	14,459	44
14,459	15,395	30
15,395	16,405	28
16,405	16,798	32
16,798	17,320	45
17,320	17,519	40
17,519	17,684	28
	<b>META 12</b>	<b>33:15,0</b>

	TR13	
0,000	0,090	26
0,090	0,149	10
0,149	0,403	28
0,403	1,073	40
1,073	2,773	45
2,773	4,358	39
4,358	4,882	20
4,882	5,159	25
5,159	6,158	44
6,158	6,919	28
6,919	7,146	24
7,146	7,167	18
7,167	7,593	24
7,593	8,030	28
8,030	8,348	30
8,348	X.xxx	43
X.xxx	X.xxx	46
X.xxx	10,292	43
10,292	11,456	30
11,456	13,059	48
13,059	13,501	38
13,501	13,609	18
13,609	13,637	10
13,637	13,729	18
13,729	14,118	23
14,118	15,843	40
15,843	X.xxx	43
X.xxx	X.xxx	45
X.xxx	17,484	43
17,484	17,683	40

17,683	17,848	28
	<b>META 13</b>	<b>30:17,0</b>

	TR14	
0,000	0,090	26
0,090	0,290	10
0,290	1,084	28
1,084	1,723	43
1,723	1,935	25
1,935	2,162	30
2,162	2,526	25
2,526	2,934	30
2,934	3,235	28
3,235	4,160	42
4,160	4,645	45
4,645	4,983	28
4,983	6,140	25
6,140	X.xxx	43
X.xxx	X.xxx	45
X.xxx	6,779	42
6,779	8,773	26
8,773	9,135	28
9,135	9,842	42
9,842	9,920	30
9,920	10,552	22
10,552	12,184	42
12,184	12,548	30
12,548	13,266	35
13,266	14,010	43
14,010	14,487	47
14,487	X.xxx	45
X.xxx	X.xxx	42
X.xxx	16,425	45
16,425	16,592	28
	<b>META 14</b>	<b>30:51,3</b>

	TR15	
0,000	0,430	26
0,430	0,592	30
0,592	1,722	43
1,722	3,503	30
3,503	3,910	28
3,910	4,729	30
4,729	X.xxx	42
X.xxx	X.xxx	45
X.xxx	6,249	42
6,249	X.xxx	40
X.xxx	X.xxx	43
X.xxx	7,256	39
7,256	7,388	28
7,388	7,891	22
7,891	X.xxx	40
X.xxx	X.xxx	43
X.xxx	8,747	40
8,747	9,022	25
9,022	9,528	20
9,528	9,889	30
9,889	10,207	40
10,207	10,952	49
10,952	11,090	40
11,090	13,072	30
13,072	13,660	47
13,660	13,764	40
13,764	X.xxx	34
X.xxx	X.xxx	45
X.xxx	14,657	40
14,657	14,874	22
14,874	14,943	23
14,943	X.xxx	38
X.xxx	X.xxx	40
X.xxx	X.xxx	35
X.xxx	16,819	38
16,819	16,955	20
16,955	17,800	30
17,800	18,473	32
18,473	19,173	30
	<b>META 15</b>	<b>34:42,4</b>